

Mon	Tue	Wed	Thur	Fri	Sat	Sun	My Mood 😊😐😞😡😢	Mock Score ☆☆☆☆☆
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Disruptions (weird, silly distractions) ☆ ☆ ☆ ☆	Goals for today's mock ☆ ☆ ☆ ☆
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Who am I playing for today ?

1 / _____ ← I LOVE THIS ONE !!

Rhythm & Groove ___ / 10	Intonation ___ / 10	Clean ___ / 10
Tempo ___ / 10	Character ___ / 10	General ___ / 10

BEFORE LISTENING / Initial Thoughts	AFTER LISTENING / What happened ?	MAKE IT BETTER / NINJA PRACTICE 🥷
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2 / _____ ← OH THIS IS DEF MY FAV !!

Rhythm & Groove ___ / 10	Intonation ___ / 10	Clean ___ / 10
Tempo ___ / 10	Character ___ / 10	General ___ / 10

BEFORE LISTENING / Initial Thoughts	AFTER LISTENING / What happened ?	MAKE IT BETTER / NINJA PRACTICE 🥷
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3 / _____ ← No THIS IS MY FAVORITE !!

Rhythm & Groove ___ / 10	Intonation ___ / 10	Clean ___ / 10
Tempo ___ / 10	Character ___ / 10	General ___ / 10

BEFORE LISTENING / Initial Thoughts	AFTER LISTENING / What happened ?	MAKE IT BETTER / NINJA PRACTICE 🥷
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4 / _____ ← OOH THIS IS GREAT

Rhythm & Groove ____ / 10	Intonation ____ / 10	Clean ____ / 10
Tempo ____ / 10	Character ____ / 10	General ____ / 10

BEFORE LISTENING / Initial Thoughts	AFTER LISTENING / What happened ?	MAKE IT BETTER / NINJA PRACTICE 🤖

5 / _____ ← I LOVE THIS ONE !!

Rhythm & Groove ____ / 10	Intonation ____ / 10	Clean ____ / 10
Tempo ____ / 10	Character ____ / 10	General ____ / 10

BEFORE LISTENING / Initial Thoughts	AFTER LISTENING / What happened ?	MAKE IT BETTER / NINJA PRACTICE 🤖

6 / _____ ← THIS IS REALLY COOL !!

Rhythm & Groove ____ / 10	Intonation ____ / 10	Clean ____ / 10
Tempo ____ / 10	Character ____ / 10	General ____ / 10

BEFORE LISTENING / Initial Thoughts	AFTER LISTENING / What happened ?	MAKE IT BETTER / NINJA PRACTICE 🤖

7 / _____ ← YEAH THIS IS THE BEST

Rhythm & Groove ____ / 10	Intonation ____ / 10	Clean ____ / 10
Tempo ____ / 10	Character ____ / 10	General ____ / 10

BEFORE LISTENING / Initial Thoughts	AFTER LISTENING / What happened ?	MAKE IT BETTER / NINJA PRACTICE 🤖